

JANIENE ELISHIA PEOPLES

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EDUCATION

- 2020–Present** **Doctor of Philosophy in Social Work (expected graduation-May 2025)**
Washington University in St. Louis, Brown School-St. Louis, MO
Fellow, NIDA T32: Transdisciplinary Training in Addictions Research
- May 2016** **Master of Science, Health Education**
Texas A&M University-College Station, TX
- May 2012** **Bachelor of Science, Health and Human Performance**
University of Memphis-Memphis, TN

RESEARCH INTERESTS

Mental health and substance use disparities; Risk and resilience in Black emerging adults (ages 18-29); College student health; Health behavior change; Intervention research; Digital health

PROFESSIONAL CERTIFICATIONS

- 2022–Present** ADHD-Certified Practitioner
- 2020–Present** Certified Personal and Executive Coach
- 2019–Present** Certified Health Education Specialist

GRANTS, AWARDS, AND HONORS

- October 2024** **Visiting Future Faculty Program (VITAL) Scholar**, University at Buffalo School of Social Work; VITAL is a prestigious, highly selective weeklong program that recognizes exceptional doctoral candidates across disciplines in the U.S., fostering research showcase, interdisciplinary collaboration, and networking.
- June 2024–Present** **Dissertation Award Recipient**, Expiwell
Role: Principal Investigator
Award: \$1,000
- January 2024–2026** **Substance Use/Substance Use Disorder Research Dissertation Grant Recipient**, National Institute on Drug Abuse (NIDA)
R36DA059676, Ecological Momentary Assessment of Mechanisms Linking Racial Discrimination and Substance Use in Black College Students
Role: Principal Investigator
Award: \$46,137
- January 2023** **Doctoral Research Grant Recipient**, Grand Challenges for Social Work-Eliminate Racism
Role: Principal Investigator
Award: \$3,000
- 2022–Present** **Racial Equity Fellow**, Brown School Office of Field Education, Washington University in St. Louis
- April 2022** **Award Recipient**, NIDA Diversity Scholars Travel Award
- 2020–Present** **Predocctoral Fellow**, NIDA T32: Transdisciplinary Training in Addictions Research, Brown School, Washington University in St. Louis

PEER-REVIEWED PUBLICATIONS

McGuire, F.H., Beccia, A.L., **Peoples, J.E.**, Williams, M.R., Schuler, M.S., & Duncan, A.E. (2024). Depression at the intersection of race/ethnicity, sex/gender, and sexual orientation

in a nationally representative sample of US adults: A design-weighted intersectional MAIHDA. *American Journal of Epidemiology*. Advance online publication. <https://doi.org/10.1093/aje/kwae121>

Szlyk, H. S., Gutierrez, Z. M., **Peoples, J.E.**, Baiden, P., Doroshenko, C., Li, X., & Cavazos-Rehg, P. (2023). Factors associated with not ready to stop using substances among adults with an unmet treatment need: Findings from the National Survey of Drug Use and Health 2015-2019. *American Journal of Drug and Alcohol Abuse*, 49(4), 519–529. <https://doi.org/10.1080/00952990.2023.2230611>

Baiden, P., Onyeaka, H. K., Aneni, K., Wood, B., LaBrenz, C. A., Muoghalu, C., **Peoples, J. E.**, Szlyk, H. S., Gobodzo, E. C., Baiden, J. F., Adeku, Y., Mets, V. E., Brown, F. A., & Cavazos-Rehg, P. (2023). Perceived racial discrimination and polysubstance use among racial/ethnic minority adolescents in the United States. *Drug and Alcohol Dependence*, 248, 109894. <https://doi.org/10.1016/j.drugalcdep.2023.109894>

Baiden, P., Szlyk, H. S., **Peoples, J. E.**, Vázquez, M. M., Harrell, D. R., & Cavazos-Rehg, P. (2023). Association between sexual identity, health risk behaviors, and mental health outcomes among Black adolescents: Findings from a population-based study. *Journal of Affective Disorders Reports*, 12, 100511, 1-8. <https://doi.org/10.1016/j.jadr.2023.100511>

Baiden, P., Cavazos-Rehg, P., Szlyk, H. S., Onyeaka, H. K., **Peoples, J.E.**, Kasson, E., & Muoghalu, C. (2023). Association between sexual violence victimization and electronic vaping products use among adolescents: Findings from a population-based study. *Substance Use and Misuse*, 58(5), 637–648. <https://doi.org/10.1080/10826084.2023.217796>

Szlyk, H.S., Li, X., Kasson, E., **Peoples, J.E.**, Montayne, M., Kaiser, N., & Cavazos-Rehg, P. (2023). How do teens with a history of suicidal behavior and self-harm interact with social media?. *Journal of Adolescence*, 95(4), 797–810. <https://doi.org/10.1002/jad.12154>

Peoples, J. E., Butler-Barnes, S. T., Stafford, J. D., Williams, S. L., & Smith, I. (2023). Exploring the association between mental health climate and depression: the protective role of positive mental health and sense of belonging among Black college students. *Journal of American college health: J of ACH*, 1–11. Advance online publication. <https://doi.org/10.1080/07448481.2022.2155466>

Onyeaka, H. K., Muoghalu, C., Baiden, P., Okine, L., Szlyk, H.S., **Peoples, J.E.**, Kasson, E., Cavazos-Rehg, P., Firth, J., & Torous, J. (2022). Excessive screen time behaviors and cognitive difficulties among adolescents in the United States: Results from the 2017 and 2019 National Youth Risk Behavior Survey. *Psychiatry Research*, 316, 114740. <https://doi.org/10.1016/j.psychres.2022.114740>

Baiden, P., Szlyk, H.S., Cavazos-Rehg, P., Onyeaka, H.K., **Peoples, J.E.**, & Kasson, E. (2022). Use of electronic vaping products and mental health among adolescent high school students in the United States: The moderating effect of gender. *Journal of Psychiatric Research*, 147, 24-33. <https://doi.org/10.1016/j.jpsychires.2021.12.050>

Barry, A. E., Bates, A. M., Olusanya, O., Vinal, C. E., Martin, E., **Peoples, J.E.**, Jackson, Z. A., Billinger, S. A., Yusuf, A., Cauley, D. A., & Montano, J. R. (2016). Alcohol marketing on Twitter and Instagram: Evidence of directly advertising to youth/adolescents. *Alcohol and*

MANUSCRIPTS UNDER REVIEW

Peoples, J.E., Montemayor, B.M., Tuda, D., Baiden, P., Szlyk, H.S., & Butler-Barnes, S.T. (under review). Exploring the relationship between racial discrimination and substance use among Black college students: A scoping review. *Journal of Racial and Ethnic Health Disparities*.

Szlyk, H.S., **Peoples, J.E.**, Maranets, E., Kasson, E., Ramsey, A.T., Lau, C., Korte, K., & Cavazos-Rehg, P. (under review). Provider perspectives on a mobile health application to support substance use recovery among pregnant and postpartum women and people. *Journal of Substance Use and Addiction Treatment*.

Butler-Barnes, S.T., Leath, S., Cheeks, B., **Peoples, J.E.**, Smith, I., Sargent, E., Devaux, A., Arthur, S., & Johnson, K. (under review). “This is too much”: The impact of Black parents’ race-related stressors on racial socialization competencies and parenting practices. *Social Science & Medicine*.

Smith, I., Sargent, E., **Peoples, J.E.**, Butler-Barnes, S.T., & Leath, S. (under review). “Uncovering responses”: A sentiment analysis approach to racial violence among Black parents in Missouri. *Big Data & Society*.

CONFERENCE PRESENTATIONS

Baiden, P., Wood, B., LaBrenz, C. A., Onyeaka, H. K., Aneni, K., **Peoples, J. E.**, Szlyk, H. S., Gobodzo, E. C., Mets, V. E., & Cavazos-Rehg, P. (January 2024). *Perceived Racial Discrimination and Polysubstance Use Among Racial/Ethnic Minority Adolescents in the United States*. Poster presented at the Society for Social Work and Research Annual Conference.

Peoples, J.E. & Olufemi, E. (November 2023). *Age Differences in the Severity of Substance Use Disorders and Mental Health Conditions Among Non-Hispanic Black Adults in the United States*. Poster presented at the American Public Health Association Annual Conference.

Butler-Barnes, S.T., Leath, S., Cheeks, B., **Peoples, J.E.**, Smith, I., Sargent, E., Devaux, A., Arthur, S., & Johnson, K. (November 2023). *Examining Race-Related Stressors, Racial Socialization Competencies, Parenting Practices, and Racial Trauma: Findings from a Community-Based Sample of Black Parents*. Oral paper presented at the American Public Health Association Annual Conference.

Peoples, J.E., Roll, S., Chun, Y., Grinstein-Weiss, M., & Marotta, P. (June 2023). *Exploring the Association between Psychological Distress, Interpersonal Stress, and Use of Substances to Cope with the COVID-19 Pandemic Among U.S. Emerging Adults*. Oral paper presented at the Society for the Study of Emerging Adulthood Annual Conference.

Peoples, J.E., & Jayne, H. (April 2023). *Bridging the Research-to-Practice Gap: Leveraging your Campus’ MACHB Substance Use Data to Cultivate Relationships Across*

Campus. Oral paper presented at the Meeting of the Minds Annual Conference.

Szlyk, H.S., Lew, D., Li, X., Filiatreau, L.M., **Peoples, J.E.**, Kasson, E., Cavazos-Rehg, P. (April 2023). *Race and Mental Health among Adults with Opioid Use Disorder*. Poster presented at the American Society for Addiction Medicine 54th Annual Conference in Washington, DC.

Peoples, J.E., Baiden, P., Szlyk, H. S., Vazquez, M.M., Eugene, D.R., & Cavazos-Rehg, P. (January 2023). *Examining Sexual Identity, Mental Health Outcomes, Victimization, and Health Risk Behaviors Among Black LGBTQ Adolescents in the United States*. Oral paper presented at the Society for Social Work and Research Annual Conference.

Baiden, P., Ziminski, D., Szlyk, H.S., Okine, L., Onyeaka, H. K., Muoghalu, C., Cavazos-Rehg, P., & **Peoples, J.E.** (January 2023). *Understanding the Deleterious Impact of Sports- and Physical Activity-Related Concussions on Mental Health Among Adolescents: Findings from a Population-Based Study*. Poster presented at the Society for Social Work and Research Annual Conference.

McGuire, F.H., Beccia, A.L., **Peoples, J.E.**, & Duncan, A.E. (November 2022). *Eating Disorders and Mental Health Service Use at the Intersection of Race/Ethnicity, Gender Identity, and Sexual Orientation: Findings from the Healthy Minds Study 2020-2021*. Oral paper presented at the American Public Health Association Annual Conference.

Peoples, J.E., McGuire, F.H., Butler-Barnes, S., Baiden, P., Szlyk, H., & Duncan, A.E. (November 2022). *Examining Co-occurring Depression and Vaping Among Black College Students at the Intersection of Sexual Orientation and Gender Identity: Findings from the 2018-2019 Healthy Minds Study*. Oral paper presented at the American Public Health Association Annual Conference.

Szlyk, H. S., Baiden, P., & **Peoples, J.E.** (June 2022). *Sexual Identity, Sex of Sexual Contact, and Suicidal Behaviors Among Black Adolescents: Does Sexual Activity Matter?* Oral paper presented at the Youth Suicide Research Consortium National Conference.

Peoples, J.E., Doroshenko, C., Baiden, P., Kasson, E., Kaiser, N., & Cavazos-Rehg, P. (June 2022). *Examining Factors Associated With “Lack of Readiness to Stop Using” Among U.S. Adults Needing but Not Receiving Substance Use Treatment*. Poster presented at the College on Problems of Drug Dependence Annual Conference.

Peoples, J.E. & Butler-Barnes, S. (May 2022). *Mental Health Climate on College Campuses Matters: Exploring the Influence of Campus Climate and Protective Factors on Black College Students’ Mental Health*. Poster presented at the American College Health Association Annual Conference.

Peoples, J.E. & Hinton, L. (May 2022). *Effective Goal Setting for College Health Professionals of Color: Identifying Barriers and Facilitators Through Understanding Lived Experiences*. Oral program presented at the American College Health Association Annual Conference.

Baiden, P., Cavazos-Rehg, P., Szlyk, H. S., Onyeaka, H. K., Muoghalu, C., **Peoples, J.E.**, & Kasson, E. (March 2022). *Examining the Association Between Sexual Violence, Bullying Victimization, and Electronic Vaping Products Use Among Adolescents in the*

United States. Poster presented at the Biennial Meeting of the Society for Research on Adolescence.

Szlyk, H.S., Li, X., Kasson, E., **Peoples, J.E.**, & Cavazos-Rehg, P. (March 2022). *Exploring Preferences for Outreach and the Impact of Engaging with Depression-Related Social Media Content: Self-Reported Responses from Teens Who Have Experienced Self-Injury and Suicidal Ideation*. Poster presented at the Society for Adolescent Health and Medicine Conference.

Peoples, J.E. (January 2022). *Cognitive Behavioral Therapy for Depression Among College Students: A Systematic Review Comparing Delivery Methods and Duration in Randomized Controlled Trials*. Poster presented at the Society for Social Work and Research Annual Conference.

Peoples, J.E., Fentem, A., Li, X., Filiatreau, L., Riordan, R., Kasson, E., & Cavazos-Rehg, P. (October 2021). *Addressing Comorbid Mental Health Symptoms and Opioid Misuse Patterns Among Opioid Use Disorder Patients in Recovery*. Oral paper presented at the American Public Health Association Annual Conference.

McNeill, E.B., Wilson, K., Shipley, M., **Peoples, J.E.**, & Carreon, A.K. (October 2015). *School Health Index: Understanding Professional Competence among Teacher Certification Candidates*. Oral paper presented at the American School Health Association's 89th Annual School Health Conference.

Jackson, Z., **Peoples, J.E.**, Spears-Lanoix, E., Bonner, T., & McKyer, L. (January 2015). *Mental Status & Retention of College-Aged African American Males at a PWI: A Proposed Intervention to Reduce Attrition and Increase Social Support Among African American Males*. Poster presented at Texas A&M University's Student Research Week.

INVITED PRESENTATIONS AND TALKS

Peoples, J.E. (upcoming April 2025). *Placing Racial Equity at the Center of Substance Use-Related Support for Black U.S. College Students*. Invited speaker for Vanderbilt University's Student Care Network Professional Development Series.

Peoples, J.E., Montemayor, B.N., & Tuda, D. (July 2024). *Exploring the Nexus between Racial Discrimination and Substance Use Among Black U.S. College Students: A Comprehensive Review*. Invited speaker for the Higher Education Center for Alcohol and Drug Misuse Prevention and Recovery Conference.

Peoples, J.E. (March 2022). *The Influence of Social Media on Academic Success*. Invited speaker for the Black Doctoral Network Conversation Starters Series.

Peoples, J.E. (May 2022). *Understanding Emotion Regulation*. Invited speaker for the National Alliance on Mental Illness-St. Louis (NAMI STL) Wellness Series.

TEACHING EXPERIENCE

Fall 2022 **Teaching Assistant, Principles, Practices, and Services in Substance Use Disorder Treatment**
Masters-level course taught by Phillip Marotta, Ph.D.

Brown School, Washington University in St. Louis

Spring 2022

Teaching Assistant, Public Mental Health

Masters-level course taught by Alexis Duncan, Ph.D.
Brown School, Washington University in St. Louis

Fall 2021

Teaching Assistant, Cognitive Behavior Therapy

Masters-level course taught by Julie Mastnak, Ph.D., ABPP
Brown School, Washington University in St. Louis

Spring 2021

Teaching Assistant, Health Behavior and Health Promotion

Masters-level course taught by Wendy Auslander, Ph.D.
Brown School, Washington University in St. Louis

**January 2015–
May 2016**

Teaching Assistant (Independently Taught), Science of Basic Health and Fitness

Undergraduate-level course independently taught
Department of Health and Kinesiology (Physical Education Activities Program), Texas
A&M University, College Station, TX

RESEARCH EXPERIENCE

May 2022–Present

Black Families, Racism, and Resilience Project

Supervisor (Co-PI of project): Sheretta Butler-Barnes, Ph.D., The Brown School at
Washington University in St. Louis

Funding: National Science Foundation [2045937]

Role: *Research Assistant*. Tasks include online and in-person study recruitment and
enrollment, data collection, data management, codebook creation, content analysis,
literature reviews, and manuscript development.

Overview: This study is a longitudinal, three-year mixed methods investigation of Black
parents' race-related experiences (e.g., racial discrimination & violence), racial
socialization competencies, and adolescent outcomes in response to racial violence. The
study explicitly focuses on Black families (parent/child dyads) in Missouri.

**January 2021–
Present**

Investigators Connecting Health and Social Media Research Lab

PI: Patricia Cavazos-Rehg, Ph.D., Washington University School of Medicine

Funding: National Institutes of Health [multiple grants, e.g., R34DA050453,
R21MD017454]; Substance Abuse and Mental Health Services Administration
[1H79TIO8027]

Role: *Research Fellow*. From January 2021 to June 2024, I served as a Recovery e-coach
(through a theory-based digital therapeutic tool, uMAT-R mobile application) to over 50
adults receiving treatment for substance use disorders in Missouri. Ongoing tasks include
IRB preparation, online and in-person study recruitment, survey development, data
collection, codebook creation, qualitative data analysis, literature reviews, and
manuscript development.

Overview: This research experience spans several funded projects investigating the risk
factors and unique needs among populations with mental health and substance use
disorders and exploring ways to leverage technology for targeted outreach and
intervention. Projects include investigating the feasibility and preliminary effectiveness
of digital interventions for Black adults and pregnant and postpartum individuals, as well
as using ecological momentary assessment (EMA) to capture racial microaggressions as

precursors to alcohol use and identify protective factors among Black young adults.

January–April 2021 Self and Emotions Daily Study

PI: Isidro Landa, Psychological and Brain Sciences department at Washington University in St. Louis

Role: *Research Assistant*. Tasks included online study recruitment and EMA training.

Overview: This seven-day EMA study investigated the association between socioeconomic factors and psychosocial outcomes among college students at Washington University in St. Louis and University of California Santa Cruz.

2014–2015

Workplace Ostracism and Coping

PI: Adrienne Carter-Sewell, Ph.D., Texas A&M University (TAMU) Department of Psychology and Africana Studies

Role: *Research Assistant*. Tasks included data collection, qualitative data analysis, health methodology report development, and Co-PI on conference grant proposal for faculty women of color in academia.

Overview: The overall goal of this study was to measure individual differences in perceived ostracism experiences and psychosocial outcomes among racial/ethnic minority TAMU graduate students and faculty.

PROFESSIONAL EXPERIENCE

2021–Present

Executive Functioning Coach (virtual)

North Shore Executive Functioning, Chicago, IL

I provide tailored coaching to individuals looking to prioritize their self-improvement and create systems that work. I specialize in helping emerging adults (ages 18-29) and adults (30+) create actionable plans, manage project timelines, and build the inhibitory control skills necessary to navigate through distractions to reach academic, personal, and professional benchmarks. I also specialize in helping individuals in emerging adulthood develop adaptable skills and access resources as they navigate the spheres of education, vocation, relationships, and health.

2016–2020

Well-being, Academic, and Substance Use Coach

Vanderbilt University, Center for Student Wellbeing, Nashville, TN

- Utilized Positive Psychology, Motivational Interviewing, and other evidence-based coaching models to provide ongoing 1:1 coaching to over 70 college students annually, helping students maintain healthy behaviors, minimize health risks (e.g., substance misuse), and mobilize internal strengths to address their diverse academic, mental health, and well-being needs
- Primary provider for Vanderbilt University's Brief Alcohol Screening and Intervention for College Students program
- Administered other alcohol and other drug assessments to identify students' risk and readiness for change (e.g., Alcohol Use Disorders Identification Test, Cannabis Use Disorder Identification Test)
- Developed and facilitated educational training programs on a variety of mental health and well-being topics for students and student affairs professionals
- Specialized in the following areas: crisis assessment and management, substance misuse prevention, stress management, mental health, perfectionism, mindfulness,

emotional well-being, financial well-being

PROFESSIONAL SERVICE AFFILIATIONS

2022–2023	AcademyHealth (Mental Health and Substance Use Research)
2022–Present	National Center for Faculty Development & Diversity
2021–Present	Society for Social Work and Research
2021–Present	College on Problems of Drug Dependence
2021–Present	American Public Health Association
2021–Present	Black Doctoral Network
2019–Present	American College Health Association
2019–2021	Southern Association for College Student Affairs
2016–2020	National Association of Student Personnel Administrators
2015–2017	American School Health Association

ACADEMIC AND PROFESSIONAL SERVICE

2022–Present	Committee Member-Data and Evaluation , Transformative Justice Design Team, Brown School at Washington University in St. Louis
2022–Present	Graduate Student Affiliate , Center for the Study of Race, Ethnicity, & Equity, Washington University in St. Louis
2022–Present	Committee Member , Committee on Diversity, Equity, and Inclusion, National Alliance on Mental Illness-St. Louis
2021–Present	Brown School PhD Student Representative , Committee on Equity, Diversity, and Inclusion, Washington University in St. Louis
2020–2022	Brown School Social Work Student Representative , PhD Administrative Committee, Washington University in St. Louis
March 2019	Training Coordinator , 20 Certified Health Education Specialist students
February 2019	Panel Moderator , Disability in the Black Community: Exploring Visible and Invisible Disabilities, Vanderbilt University
2019–2020	Health Promotion Section Committee Member , American College Health Association
2019–2020	Wellness and Health Promotion Knowledge Community Award Coordinator , National Association of Student Personnel Administrators
2018–Present	Wellness Presenter , Rutherford County Martin Luther King Jr. Scholarship program
2017–2020	Selection Committee Member , Residential Education Student Recognition Voting Committee, Vanderbilt University
2017–2020	Selection Committee Member , Vanderbilt Awards for Leadership, Vanderbilt University
2017	Planning Committee Member , Symposium on Collegiate Financial Well-Being, National Association of Student Personnel Administrators
2016–2020	Search Committee Member , Dean of Students, Vanderbilt University
2016	Assessment Committee Member , Physical Education Activities Program, Texas A&M University

Manuscript Reviewer

Drug and Alcohol Dependence

Journal of Studies on Alcohol and Drugs

Journal of American College Health

Journal of Racial and Ethnic Health Disparities

Conference Abstract Reviewer

2021–Present American Public Health Association Annual Meeting

March 2017

National Association of Student Personnel Administrators (Symposium on Collegiate Financial Well-Being)

TECHNICAL SKILLS AND SOFTWARE

- Research recruitment
- Data collection strategies
- Data management and analysis
- Data visualization and presentation
- Statistical analysis and other software: SAS, STATA, RStudio, Dedoose, NVivo, REDCap, Qualtrics, Microsoft Excel
- Digital health applications
- Advanced methodology (e.g., ecological momentary assessment)

ADDITIONAL TRAINING AND SKILLS

June 2019

New Professionals Institute Graduate (training institute for outstanding new professionals on college campuses), National Association of Student Personnel Administrators and Southern Association for College Student Affairs

July 2017

Cultural Competence and Cultural Humility Training

July 2016

Motivational Interviewing Training

